

SNS COLLEGE OF PHYSIOTHERAPY

Saravanampatti Post, Coimbatore – 641 035, T.N
(Affiliated by the Tamil Nadu Dr. M. G. R. Medical University, Chennai.)



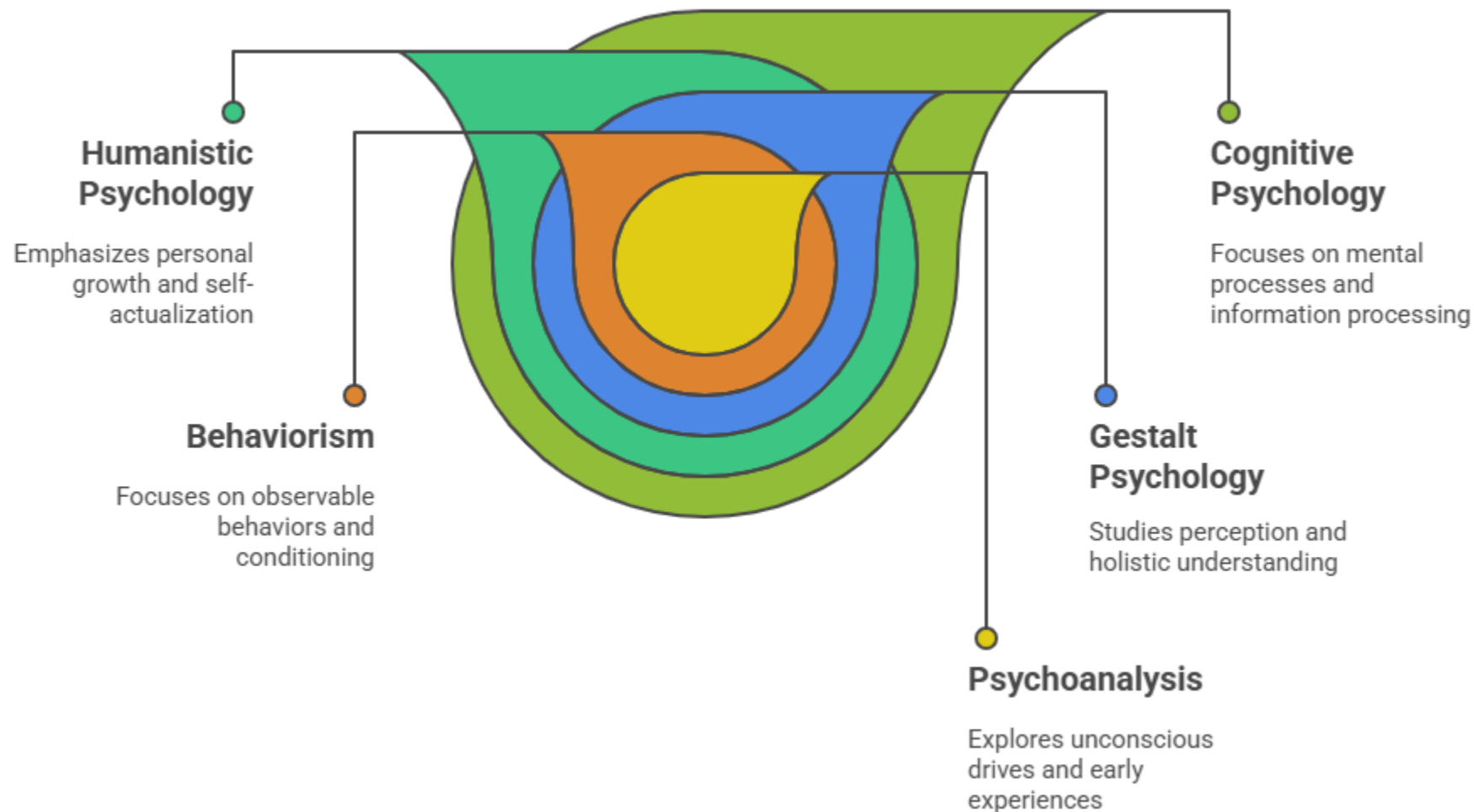
DEPARTMENT OF PHYSIOTHERAPY- BPT I YEAR

SUBJECT NAME- PSYCHOLOGY

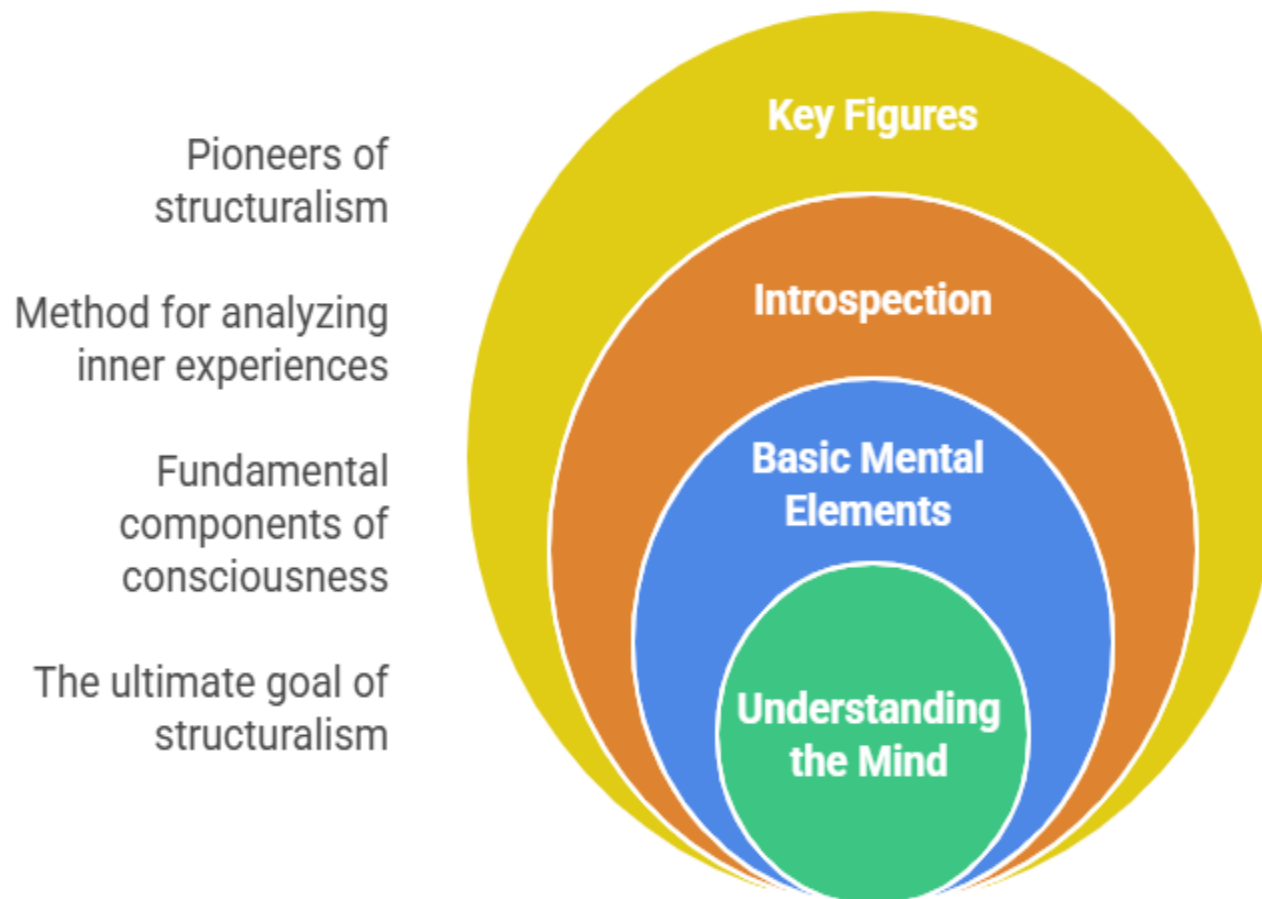
TOPIC- SCHOOLS OF PSYCHOLOGY

**PREPARED BY- Dr. K. P. BENOSEL PAUL., PT,
ASSISTANT PROFESSOR,
SNSCOPT.**

What are Schools of Psychology?



Structuralism:



Functionalism:



Key Figure

William James, the leading figure of functionalism, whose book is a foundational text.



Core Principles

Functionalists focused on mental processes as adaptations for survival and well-being.



Methods

Functionalists used diverse methods like introspection and experimentation.



Criticisms

Functionalism was criticized for lacking rigor and scientific value.



Lasting Impact

Functionalism influenced applied psychology and paved the way for behaviorism.

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Psychoanalysis:



Influence Behavior

Unconscious desires and conflicts drive behavior.



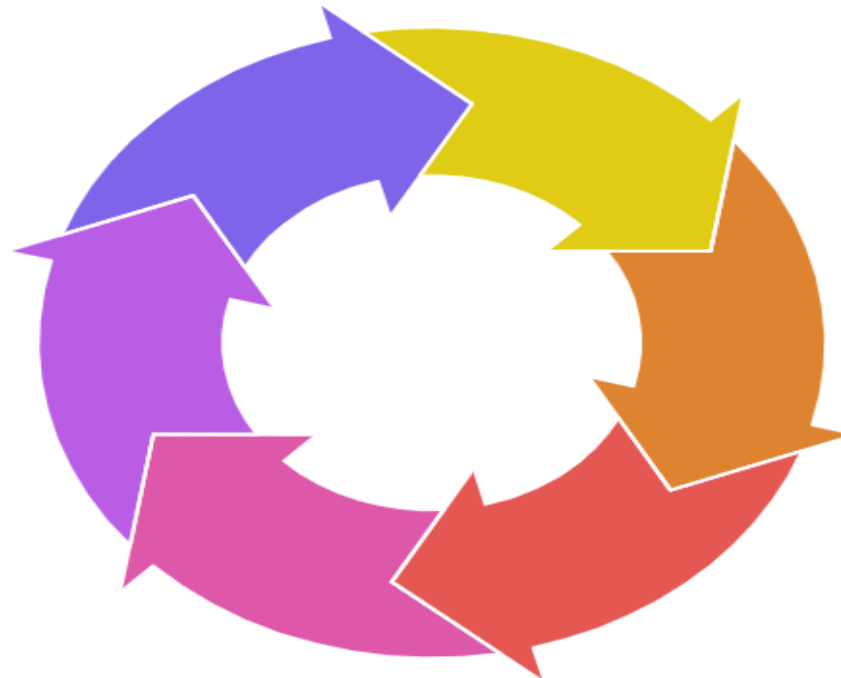
Shape Personality

The id, ego, and superego interact to form personality.



Address Unresolved Conflicts

Early childhood experiences and conflicts are explored and resolved.



Uncover Unconscious Material

Techniques like free association and dream analysis are used to reveal hidden thoughts and feelings.



Interpret Symbolic Meaning

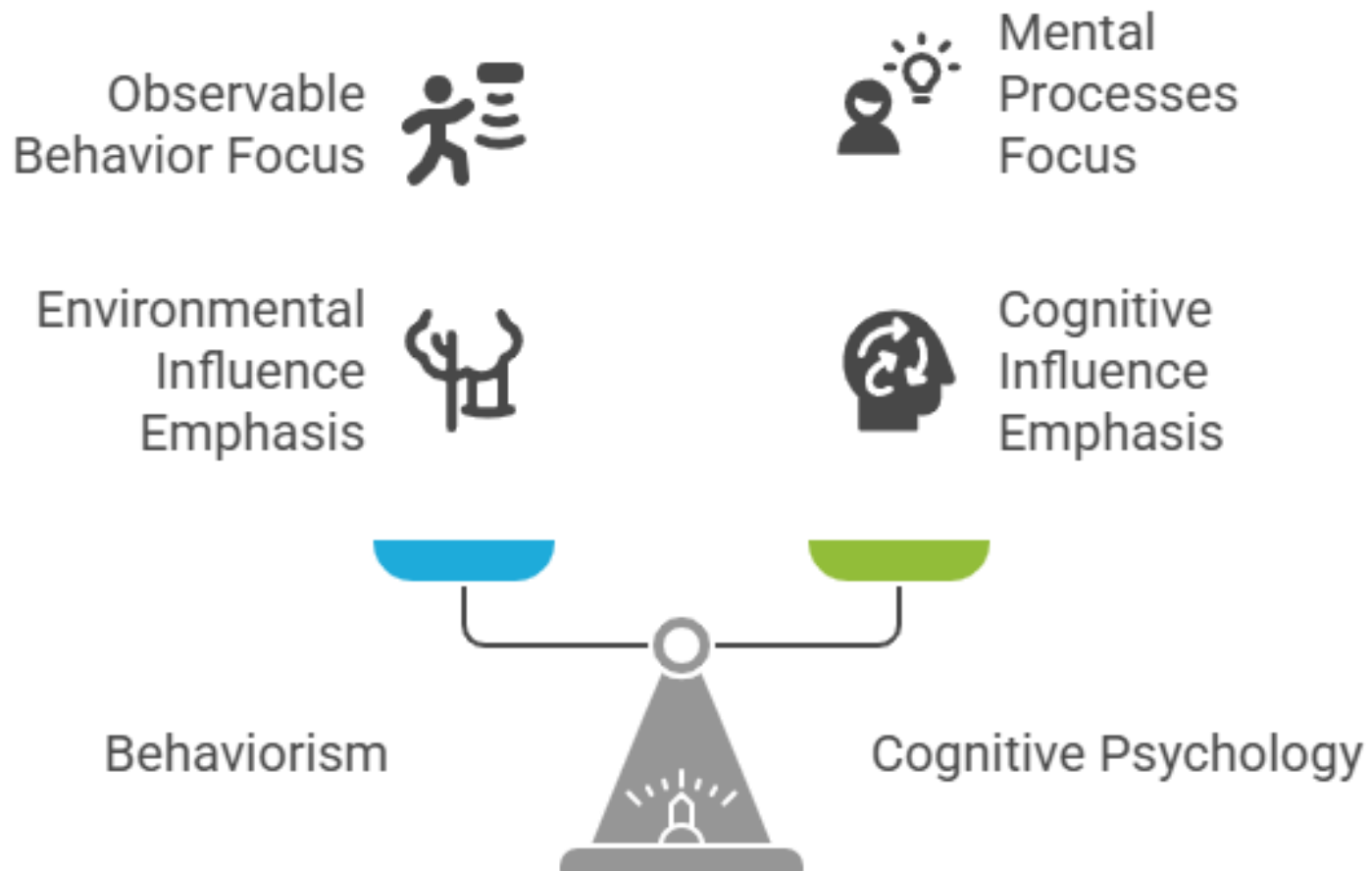
Dreams and associations are analyzed to understand their symbolic significance.



Redirect Feelings

Patients unconsciously transfer emotions onto the therapist.

Behaviorism:



Gestalt Psychology:

Lasting Impact

Highlights the influence on perception, problem-solving, and art.



Core Principles

Emphasizes the holistic view of perception and organization.

Criticisms

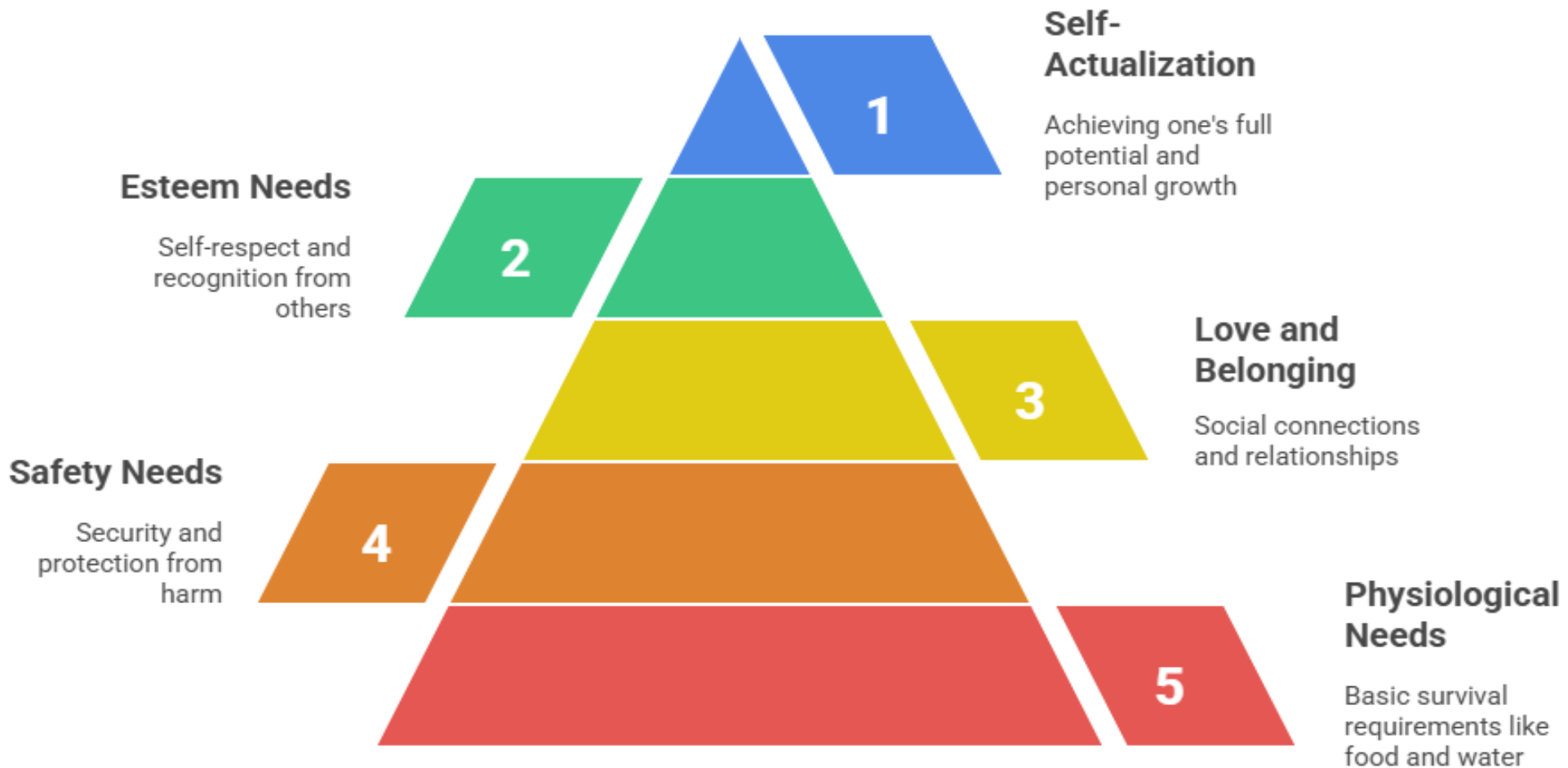
Addresses the descriptive nature and lack of explanatory depth.

Methods

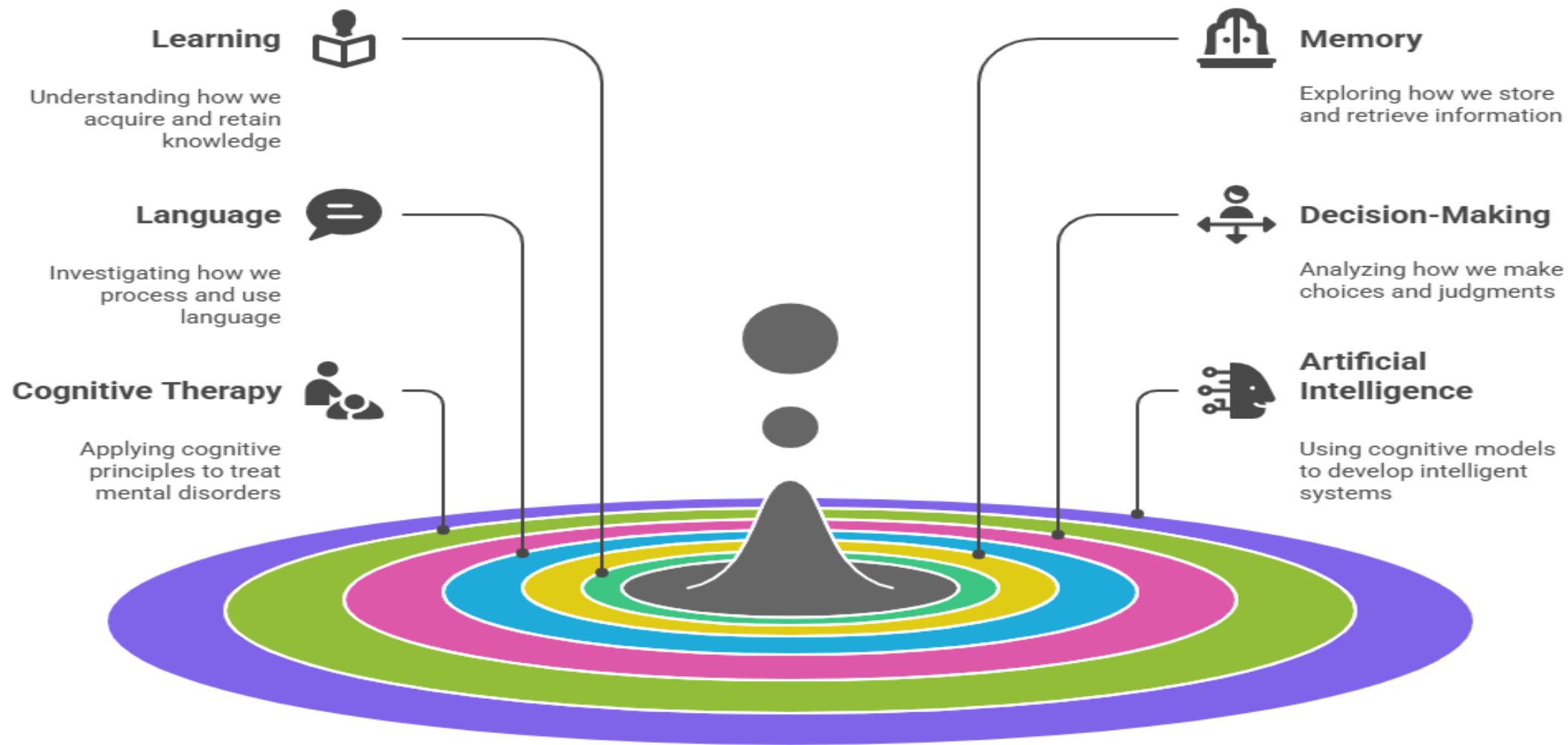
Utilizes experimental approaches, including visual illusions.

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Humanistic Psychology:



Cognitive Psychology:



MCQ:

1. Which school of psychology is mainly associated with the study of conscious experience through introspection?

- A. Behaviorism
- B. Psychoanalysis
- C. Structuralism
- D. Humanistic psychology

2. Who is considered the founder of Behaviorism?

- A. Sigmund Freud
- B. William James
- C. John B. Watson
- D. Carl Rogers

MCQ:

3. The Psychoanalytic school of psychology emphasizes the role of:

- A. Observable behavior
- B. Unconscious mind
- C. Sensory perception
- D. Learning through reinforcement

4. Humanistic psychology mainly focuses on:

- A. Animal experiments
- B. Past childhood conflicts
- C. Self-actualization and personal growth
- D. Conditioned responses

MCQ:

5. Which school of psychology believes that behavior is learned through conditioning?

A. Structuralism

B. Gestalt psychology

C. Behaviorism

D. Cognitive psychology

MCQ:



Answer:

1. C
2. C
3. B
4. C
5. C

SUMMARY

Schools of Psychology



THANK YOU