

SNS COLLEGE OF PHYSIOTHERAPY

Saravanampatti Post, Coimbatore – 641 035, T.N
(Affiliated by the Tamil Nadu Dr. M. G. R. Medical University, Chennai.)



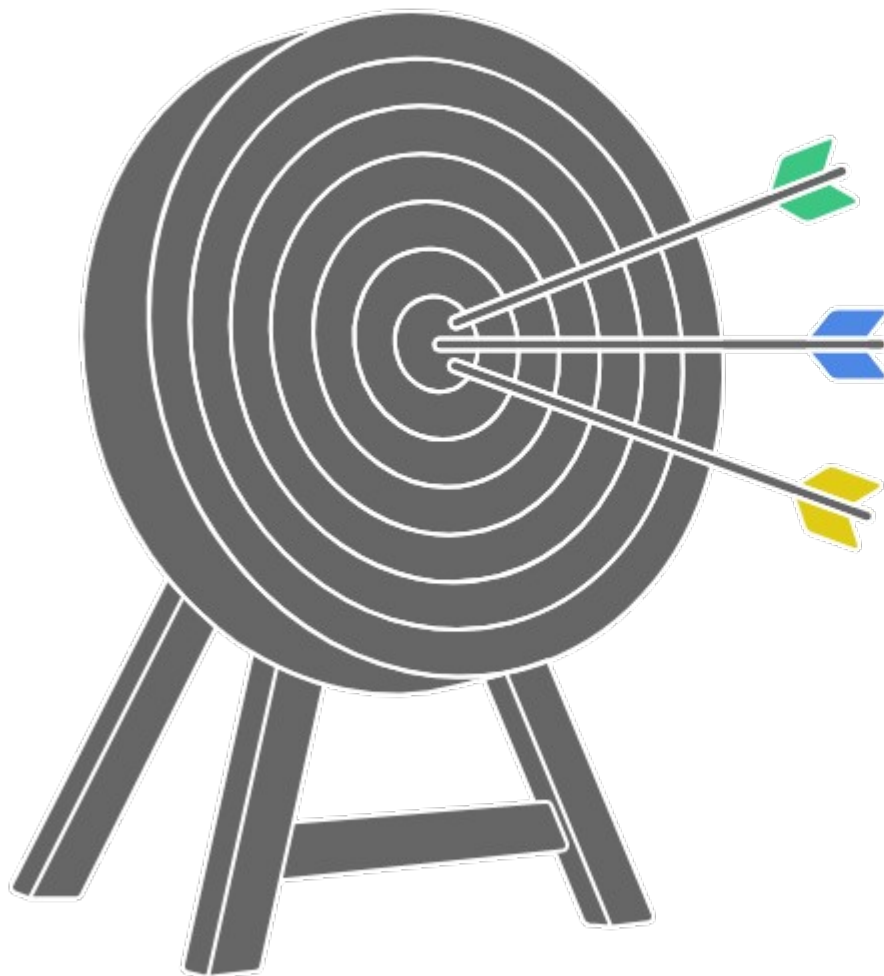
DEPARTMENT OF PHYSIOTHERAPY- BPT I YEAR

SUBJECT NAME- PSYCHOLOGY

TOPIC- INTRODUCTION OF PSYCHOLOGY

**PREPARED BY- Dr. K. P. BENOSEL PAUL., PT,
ASSISTANT PROFESSOR,
SNSCOPT.**

What is Psychology?



Psychology

The overarching study of mind and behavior



Behavior

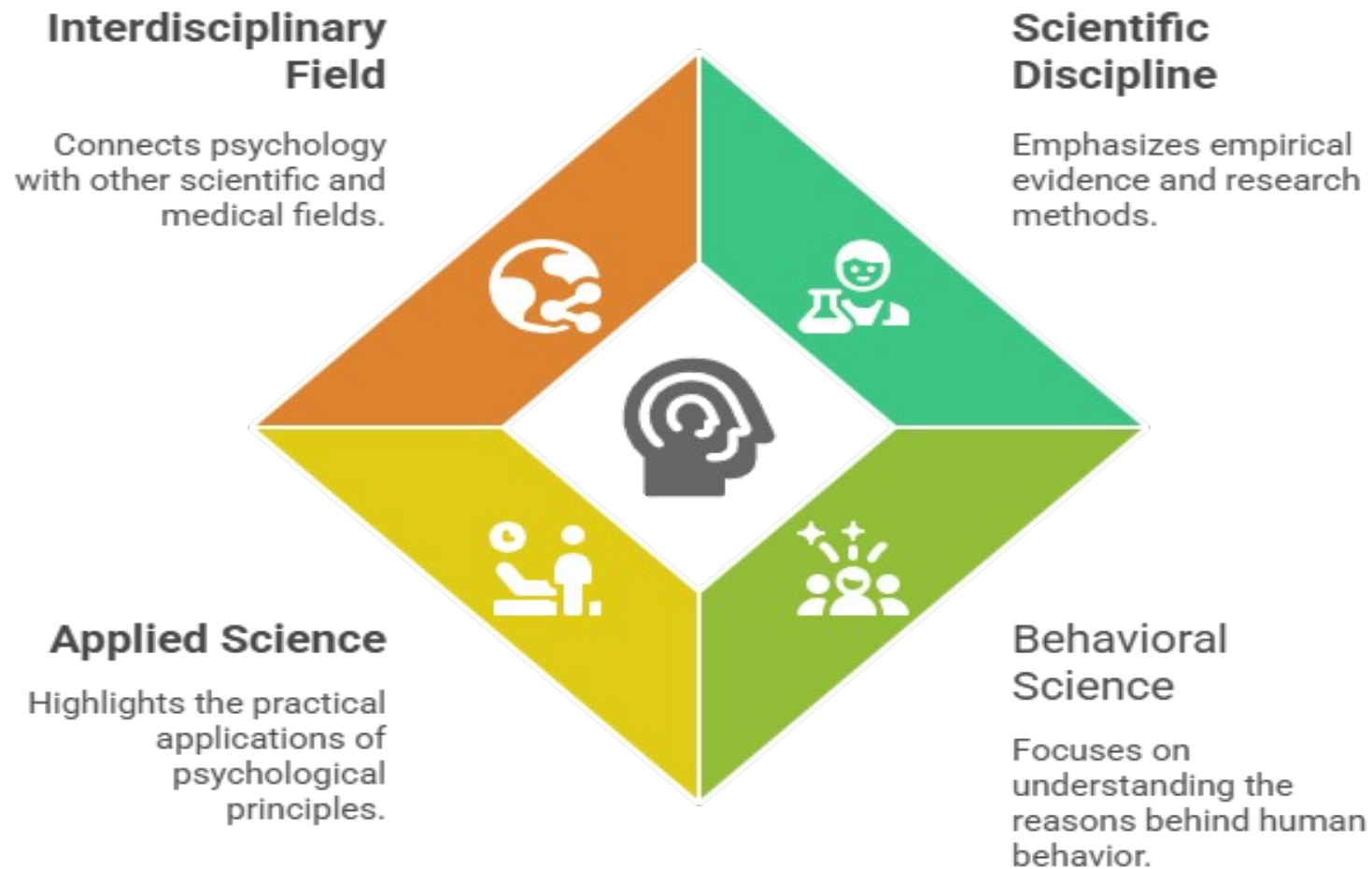
Observable actions that can be measured



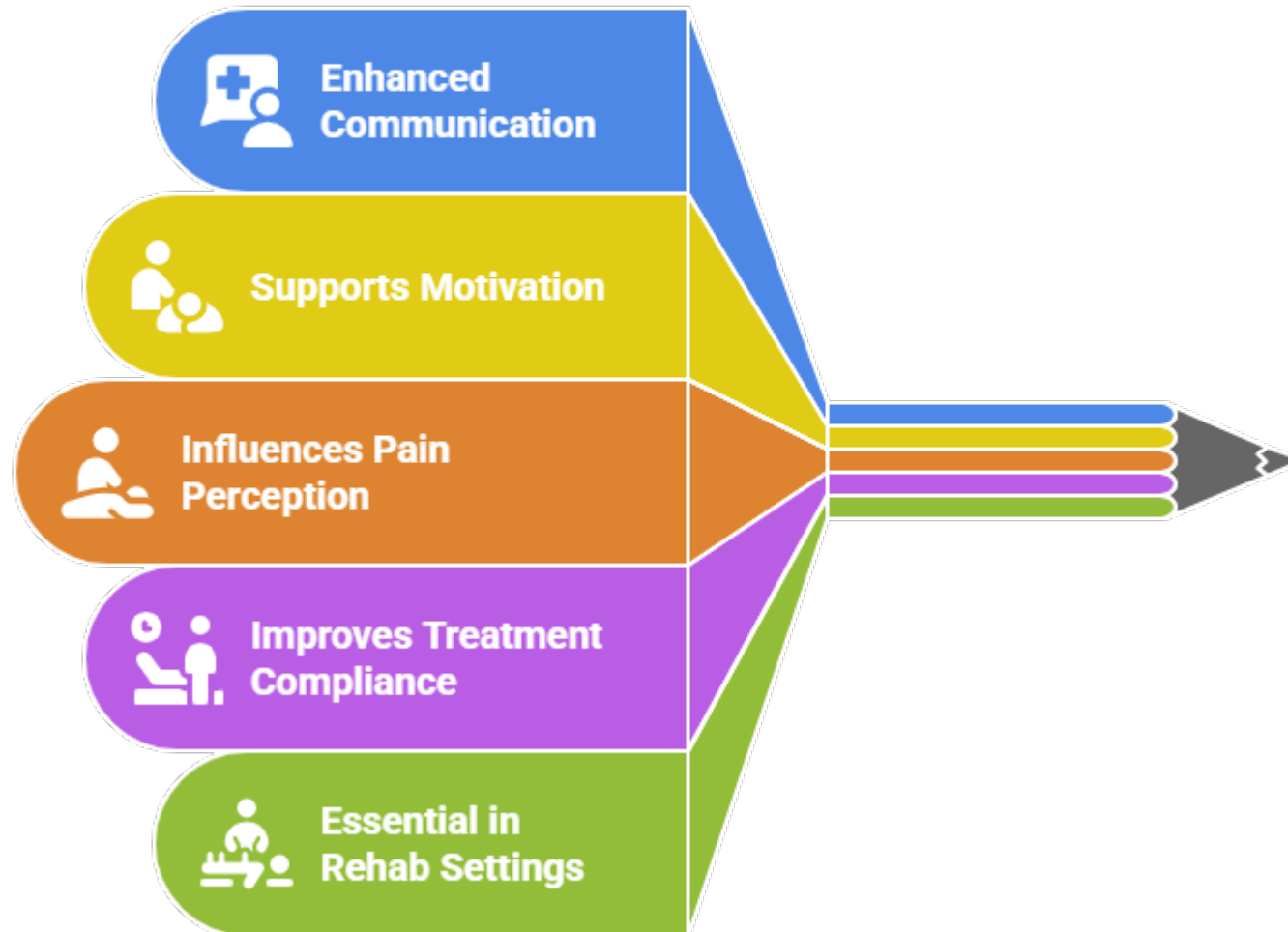
Mental Processes

Internal operations like thoughts and emotions

Nature of Psychology



IMPORTANCE OF PSYCHOLOGY IN PHYSIOTHERAPY



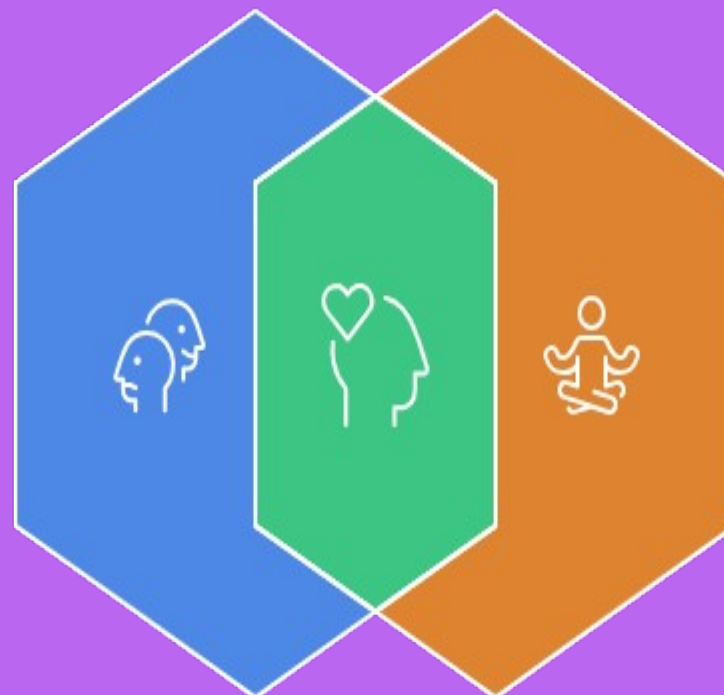
HISTORY OF PSYCHOLOGY

ANCIENT ROOTS

Mind-Body Integration

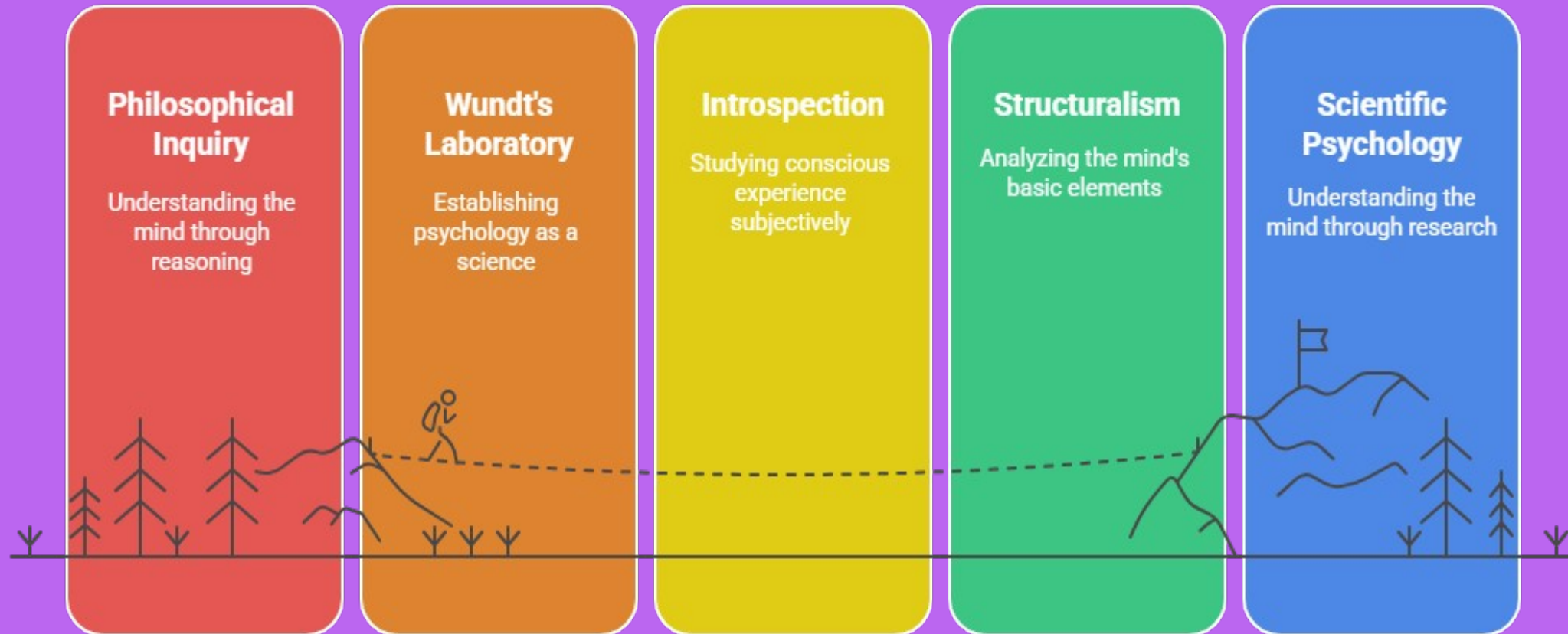
Shared exploration of human experience

Greek Philosophies
Rational inquiry into human nature



Eastern Philosophies
Holistic integration of mind and body

BEGINNING OF MODERN PSYCHOLOGY



Made with  Napkin

MAJOR SCHOOLS OF PSYCHOLOGY



MCQ:

1. Psychology is best defined as the scientific study of:
 - A. Mind only
 - B. Behavior only
 - C. Mind and behavior
 - D. Emotions and feelings

2. The term “Psychology” is derived from which two Greek words?
 - A. Psyche and Logos
 - B. Psyche and Ethos
 - C. Logos and Pathos
 - D. Mind and Soul

MCQ:

3. Which of the following is a major goal of psychology?

- A. To control only abnormal behavior
- B. To predict and control behavior
- C. To study animals only
- D. To treat mental illness only

4. Psychology became an independent science in the year:

- A. 1750
- B. 1800
- C. 1879
- D. 1905

MCQ:

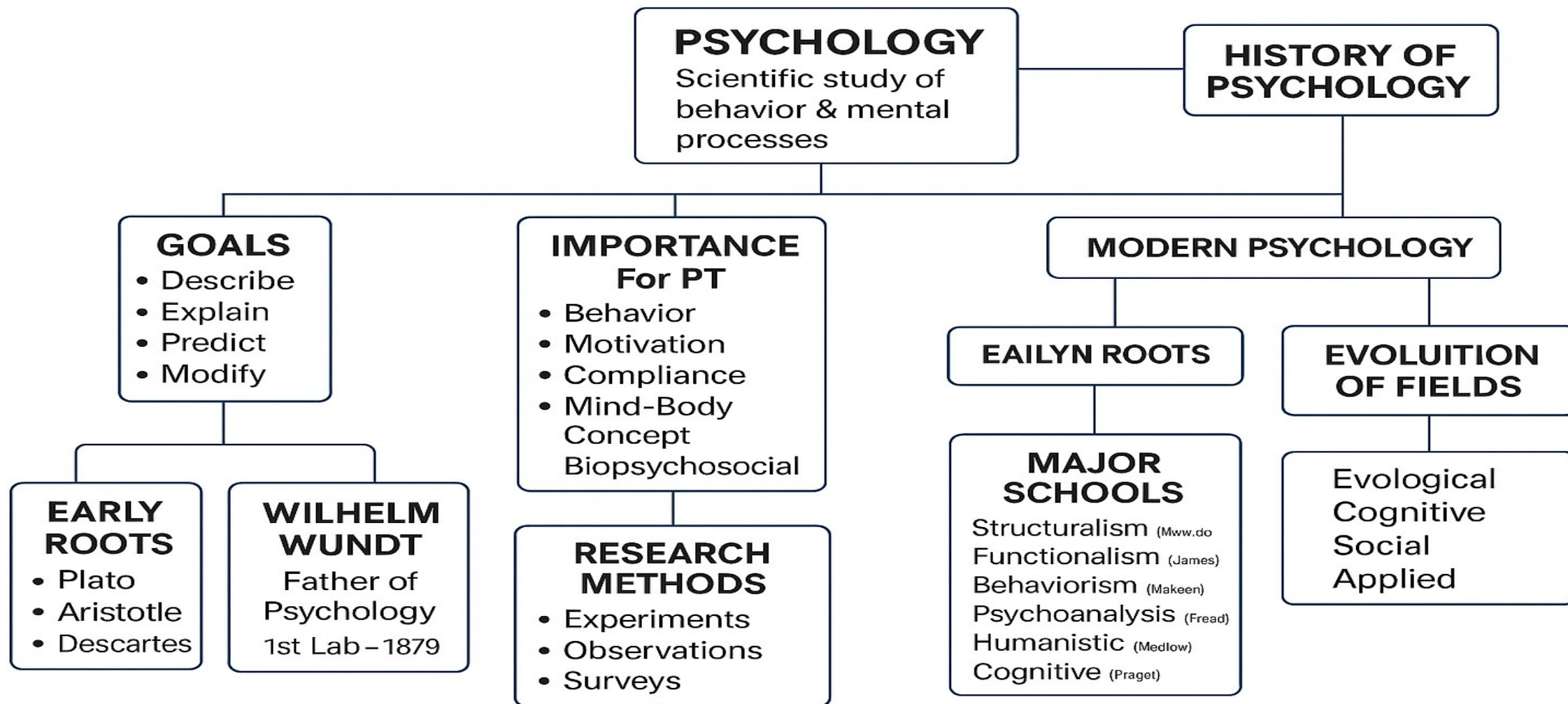
5. Who established the first psychology laboratory?
- A. Sigmund Freud
 - B. Ivan Pavlov
 - C. William James
 - D. Wilhelm Wundt

MCQ:

Answer:

1. C
2. A
3. B
4. C
5. D

SUMMARY



THANK YOU