

# **SNS COLLEGE OF PHYSIOTHERAPY**

Saravanampatti Post, Coimbatore – 641 035, T.N  
(Affiliated by the Tamil Nadu Dr. M. G. R. Medical University, Chennai.)



**DEPARTMENT OF PHYSIOTHERAPY- BPT I YEAR**

**SUBJECT NAME- PSYCHOLOGY**

**TOPIC- DEVELOPMENT AND GROWTH BEHAVIOUR**

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SNSCOPT.**

# INTRODUCTION:



Infancy

Childhood

Adolescence

Adulthood

Old Age

Made with  Napkin

# Infancy (Birth to 2 Years):



## Newborn

Reflexes and basic senses



## Physical Growth

Motor skills and sensory maturation



## Cognitive Growth

Object permanence and problem-solving



## Language Growth

Cooing, babbling, first words

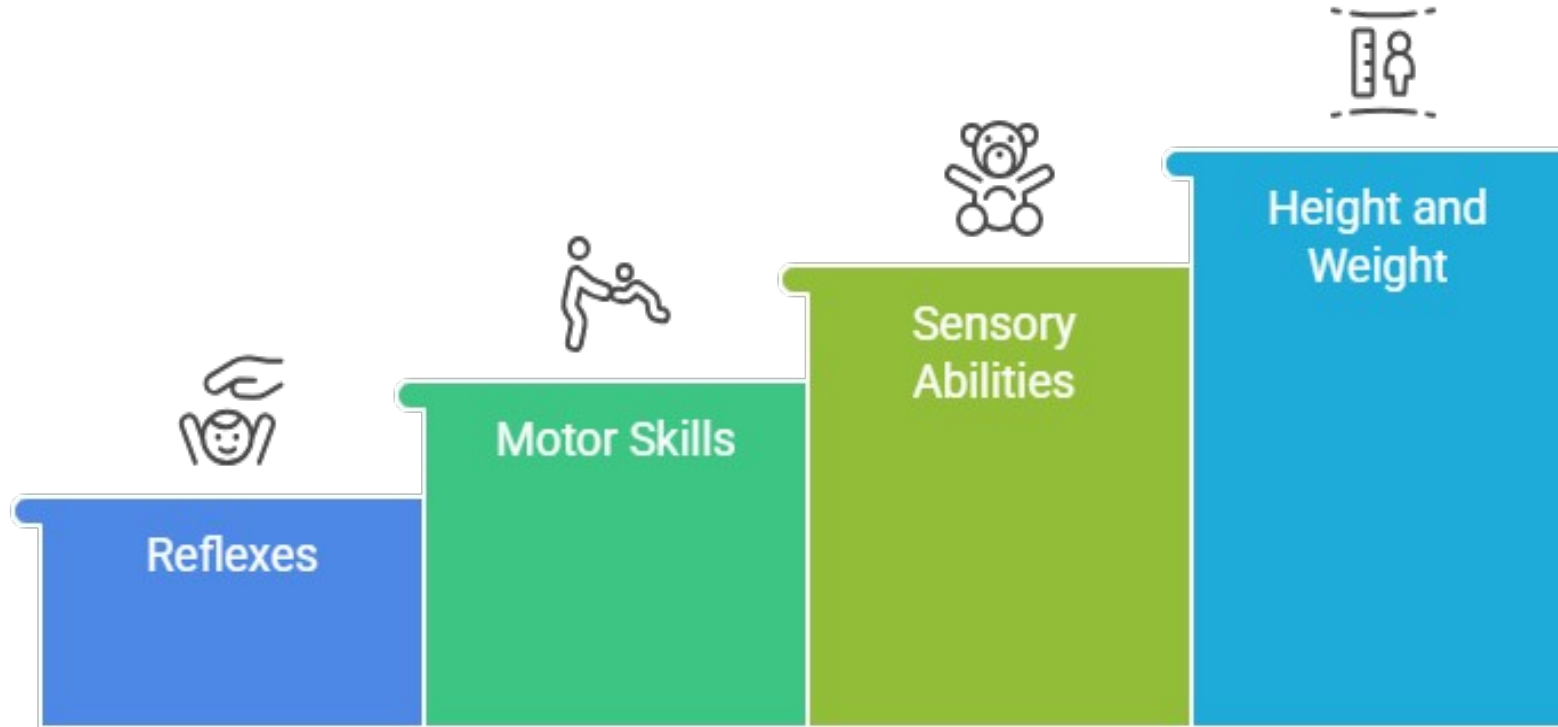


## Toddler

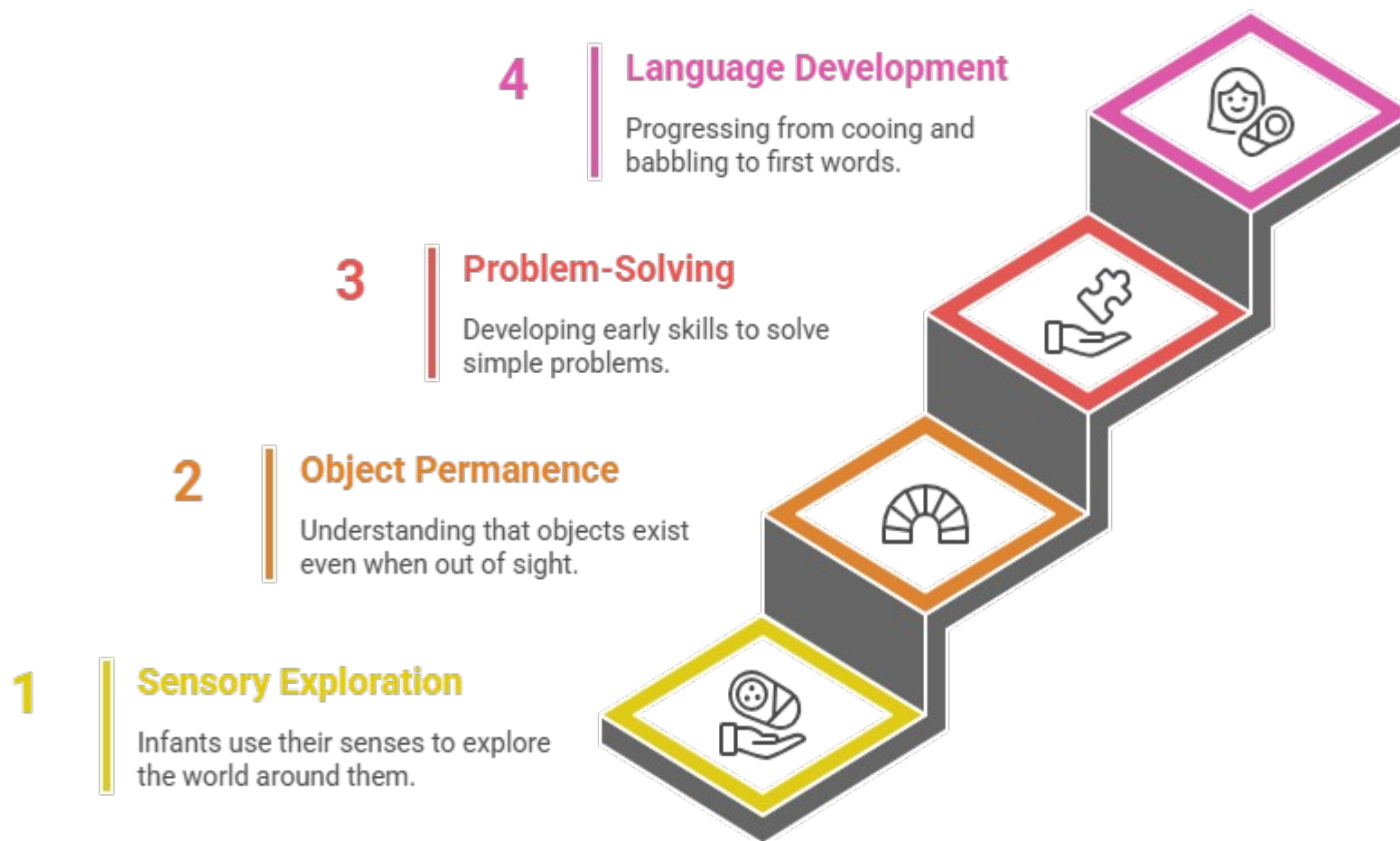
Purposeful movement and early language

Made with  Napkin

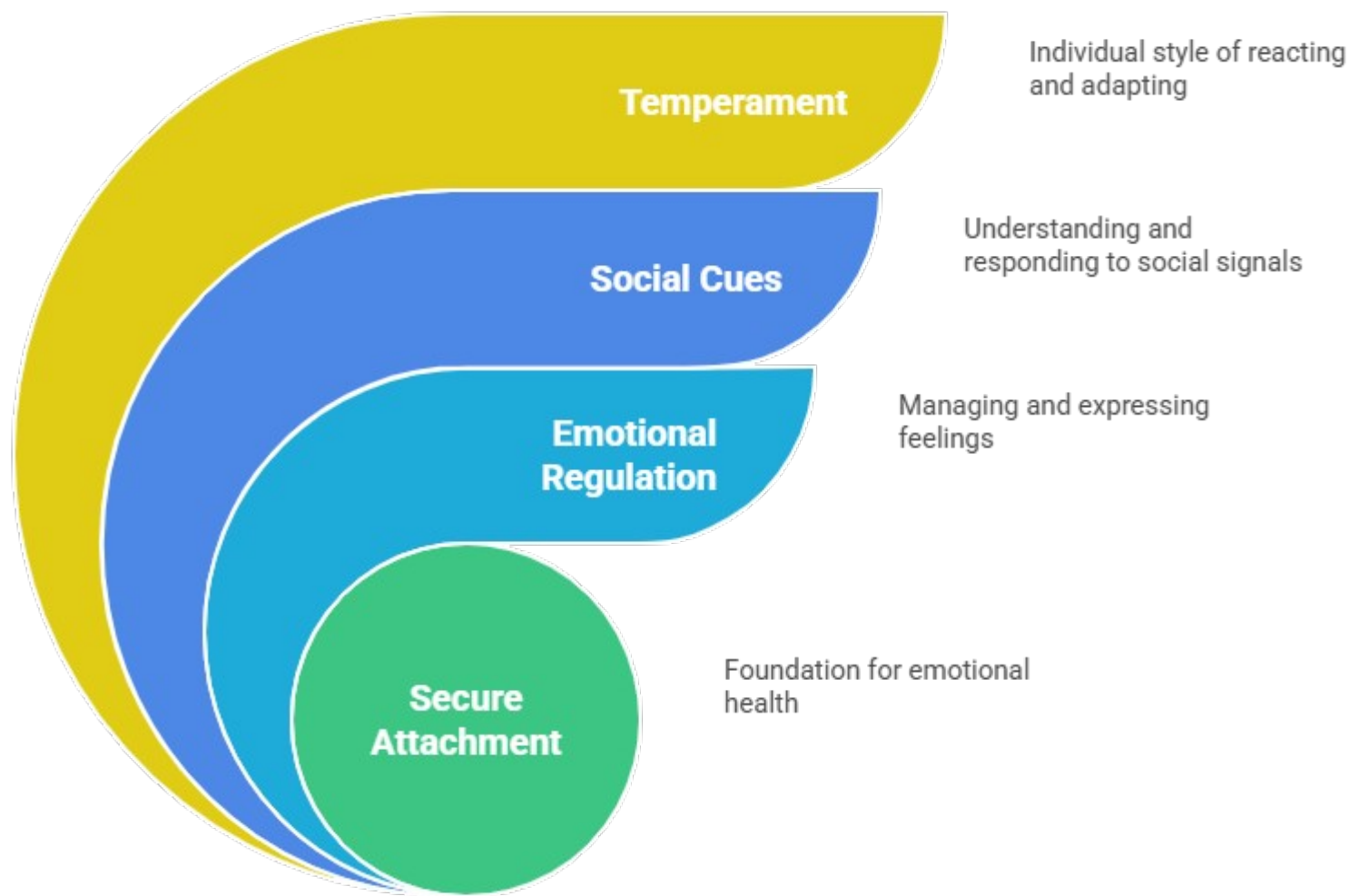
# Physical Development Of Infancy:



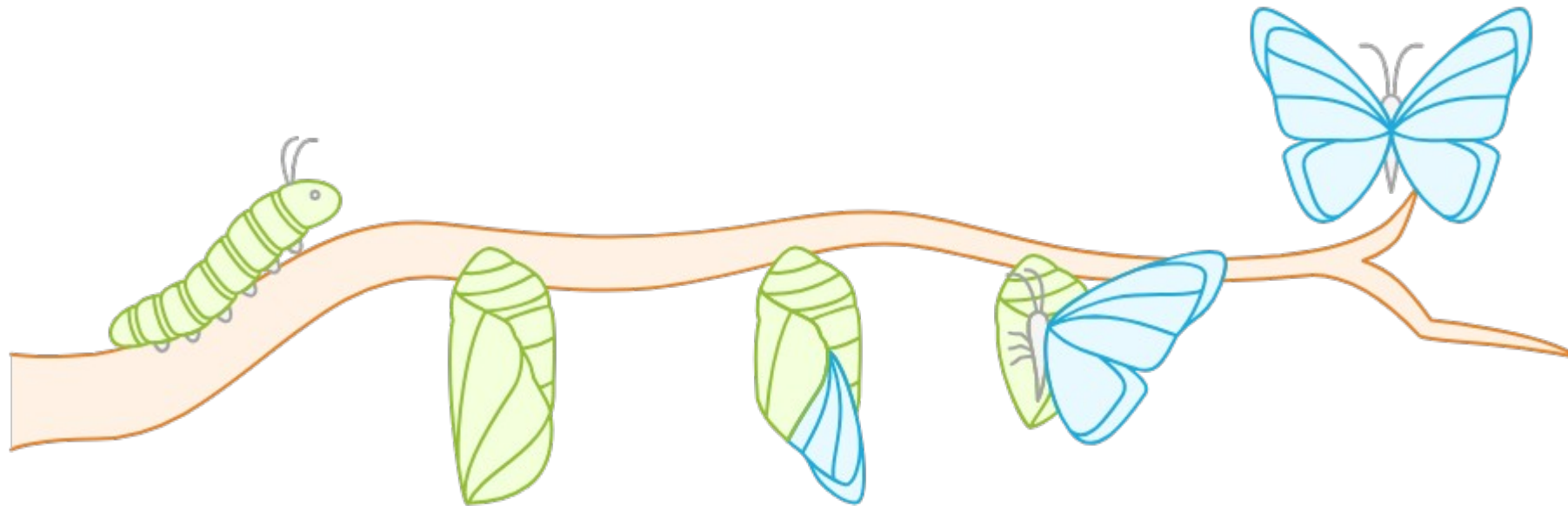
# Cognitive Development of Infancy:



# Social-Emotional Development of Infancy:



# Key Milestones of Infancy:



**Newborn**  
Limited physical and  
cognitive abilities

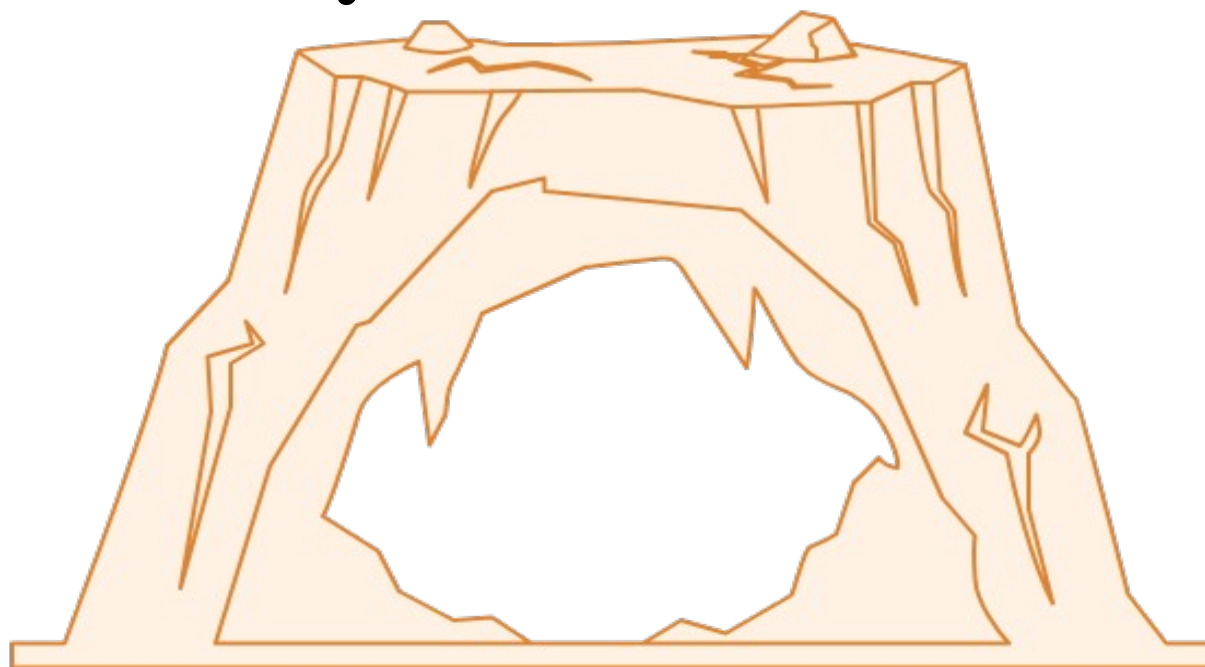
**Physical  
Milestones**  
Rolling, sitting,  
crawling, walking

**Cognitive  
Growth**  
Object permanence  
develops

**Language  
Emergence**  
First words and  
communication

**Toddler**  
Mobile,  
communicative, and  
aware

# Challenges of Infancy:



## Feeding difficulties

Frustration for parents and infants



## Sleep problems

Restless nights and tired days

## Separation anxiety

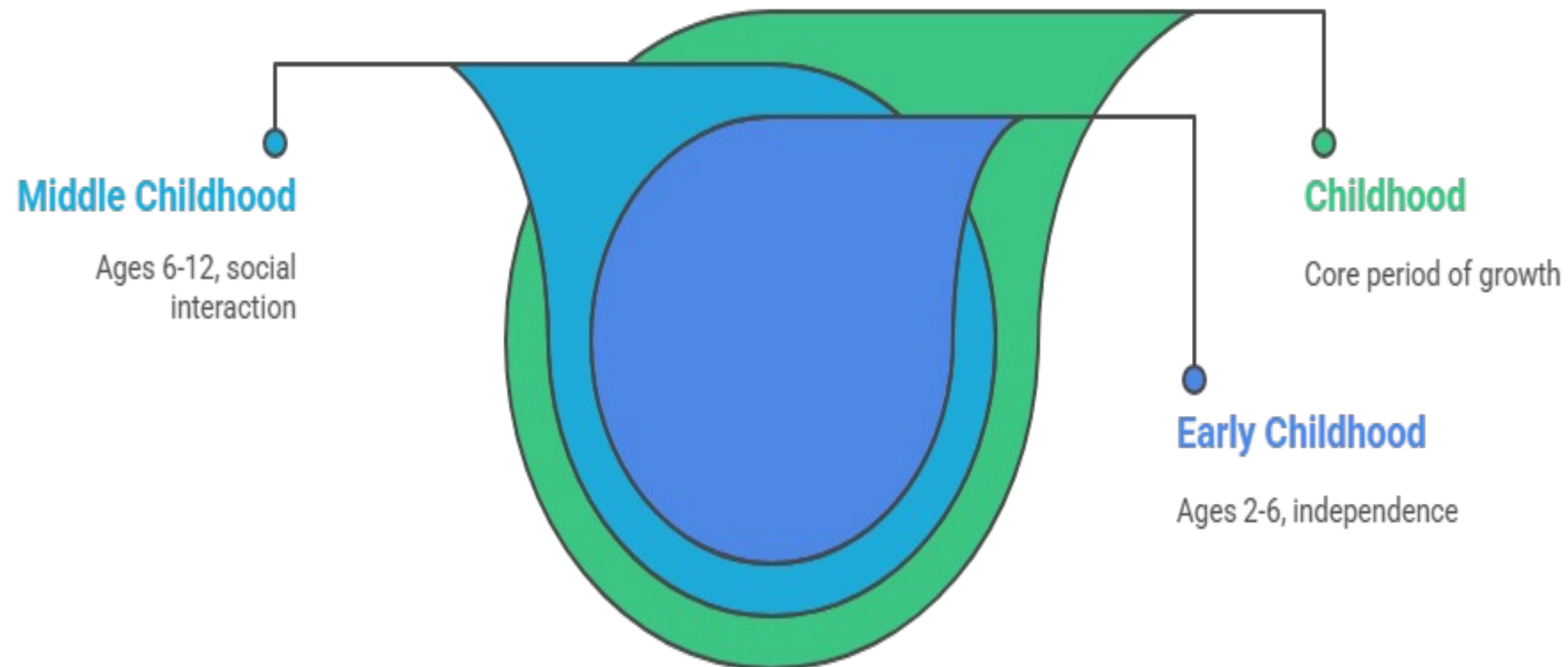
Difficult transitions for child and caregiver



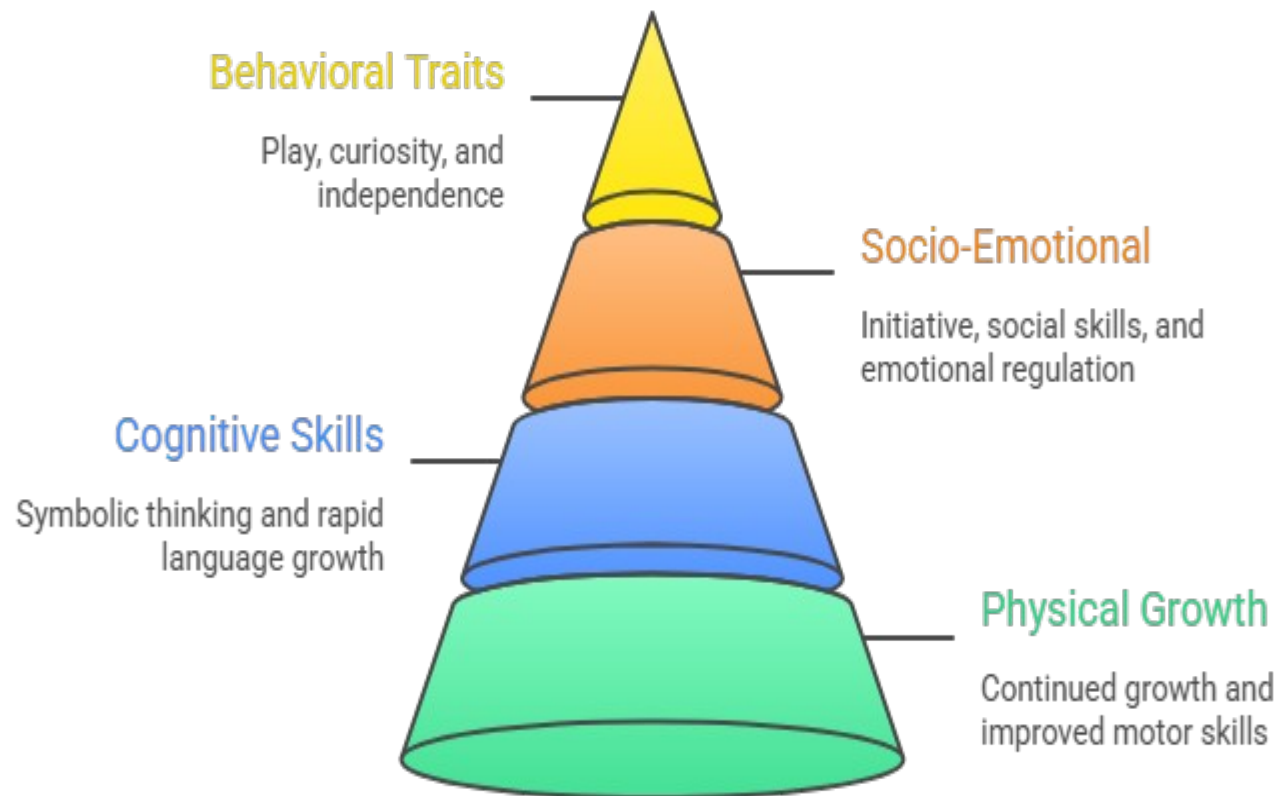
## Colic

Excessive crying and discomfort in infants

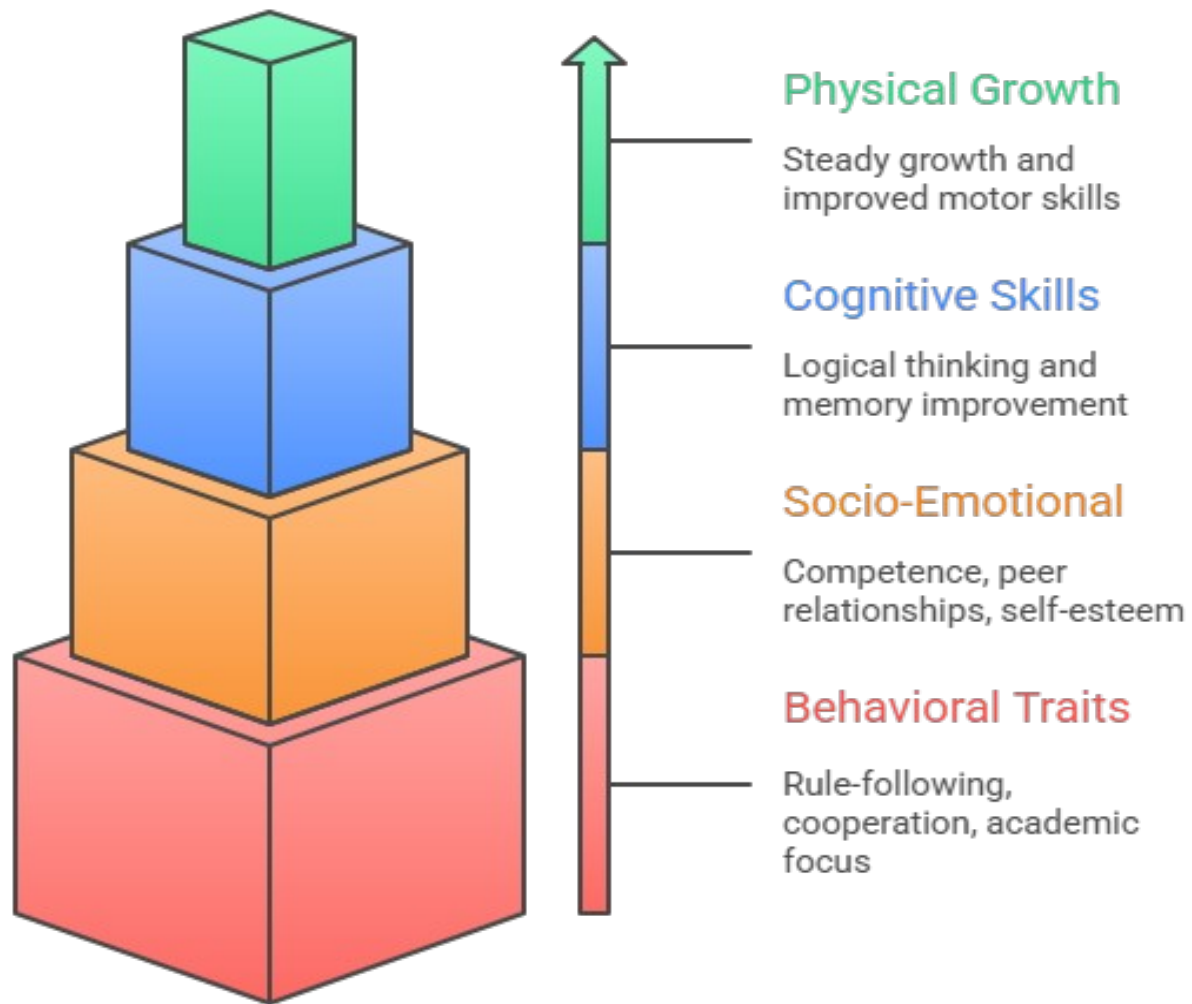
# Childhood (2 to 12 Years):



# Early Childhood (2-6 Years):



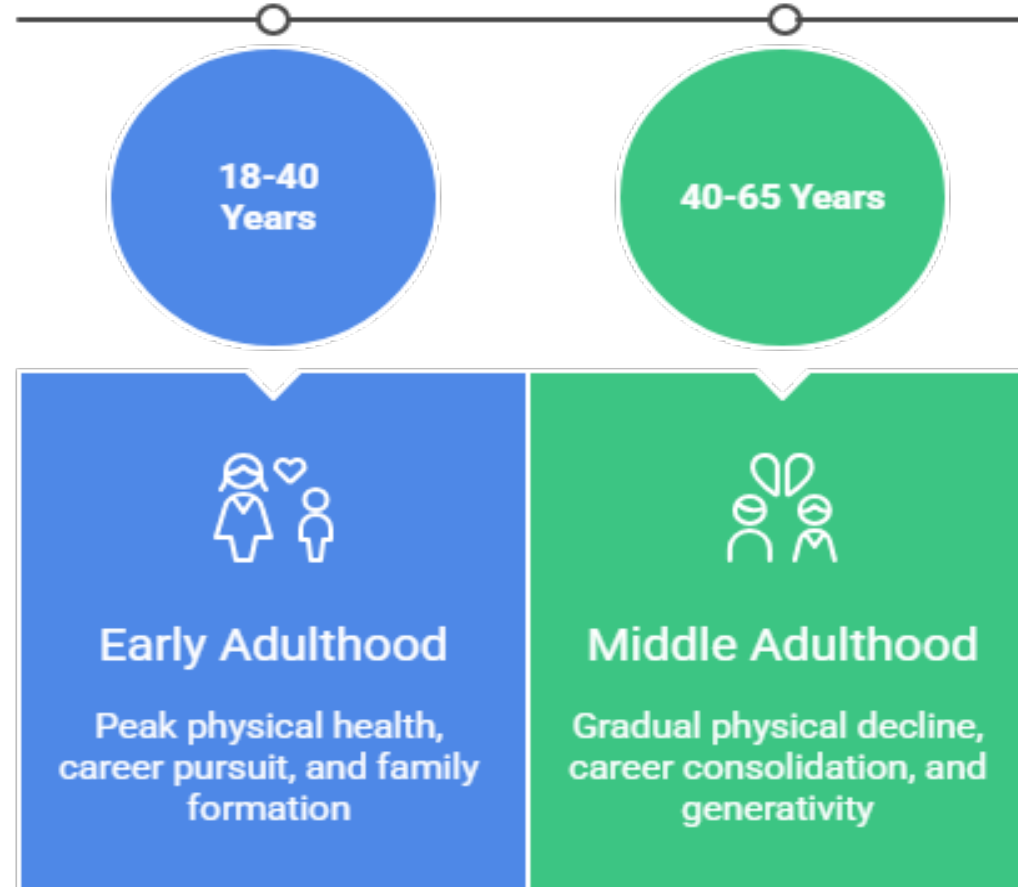
# Middle Childhood (6-12 Years):



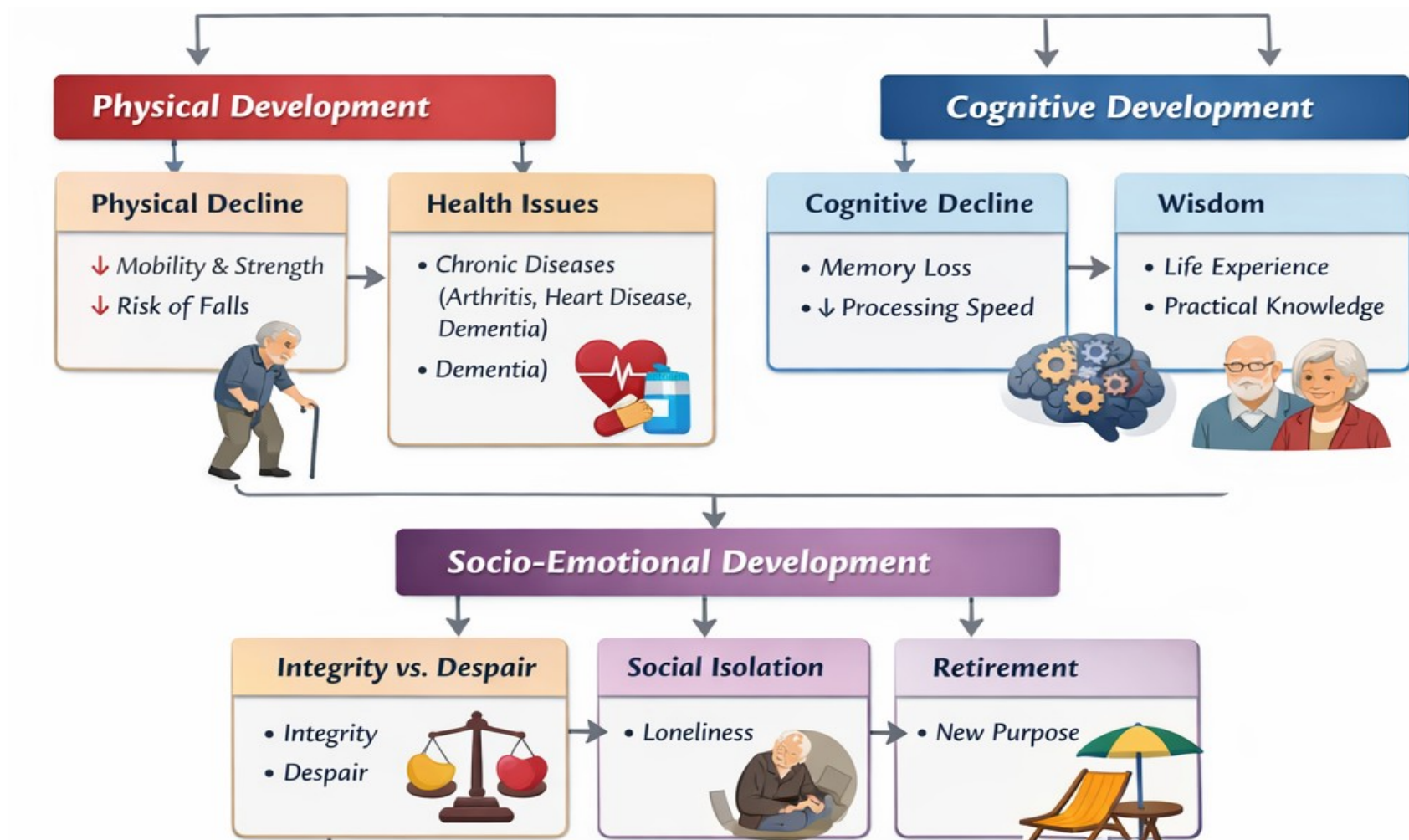
# Adolescence (12 to 18 Years):



# Adulthood (18 to 65 Years):



# Old Age (65+ Years):



# MCQ:

1. Which stage of development is characterized by rapid physical growth and development of basic motor skills?

- A. Adolescence
- B. Childhood
- C. Infancy
- D. Old age

2. Language development and social play are most prominently developed during:

- A. Infancy
- B. Childhood
- C. Middle age
- D. Old age

# MCQ:

3. Identity formation and emotional instability are commonly seen during:

- A. Childhood
- B. Adulthood
- C. Old age
- D. Adolescence

4. The stage of development associated with career establishment and family responsibilities is:

- A. Adolescence
- B. Adulthood
- C. Middle age
- D. Old age

# MCQ:

5. Decline in physical strength and increased reflection on life experiences are typical of:
- A. Middle age
  - B. Adolescence
  - C. Childhood
  - D. Old age

# MCQ:

Answer:

1. C
2. B
3. D
4. B
5. D

# SUMMARY

## Stages of Development : & Growth Behaviour



### Infancy (0–2 Years)

- Rapid Physical Growth
- Sensory & Motor Development
- Attachment & Trust



### Early Childhood (3–6 Years)

- Language & Imagination
- Basic Motor Skills
- Self-Control & Play



### Middle Childhood (7–12 Years)

- Logical Thinking
- Academic Skills
- Peer Relationships



### Adolescence (13–18 Years)

- Identity & Independence
- Abstract Thinking
- Emotional & Social Changes



### Adulthood (18 + Years)

- Career & Family
- Emotional Stability
- Social Responsibility

**THANK YOU**