

PSYCHOLOGY

QUESTION BANK

DEVELOPMENT AND GROWTH BEHAVIOUR

SECTION A – 15 MARK QUESTIONS (Long Essays)

Q.No	Question	Bloom's Level	University	Year
1	Describe growth and development. Explain the physical, cognitive, and emotional development during infancy.	Understand + Analyze	RGUHS	2021
2	Explain the characteristics of childhood development with emphasis on cognitive and social behavior.	Understand	TN Dr MGR Medical University	2020
3	Discuss adolescence as a period of transition. Explain physical, emotional, and social changes during adolescence.	Understand + Analyze	MUHS	2019
4	Describe psychological development during adulthood and middle age.	Understand + Apply	KUHS	2022
5	Explain growth and development during old age and discuss common psychological problems of elderly.	Understand + Evaluate	RGUHS	2021

SECTION B – 5 MARK QUESTIONS (Short Notes)

Q.No	Question	Bloom's Level	University	Year
1	Define growth and development.	Remember	RGUHS	2018
2	Principles of growth and development.	Understand	MUHS	2019

Q.No	Question	Bloom's Level	University	Year
3	Physical development during infancy.	Understand	TNMGRMU	2020
4	Emotional development in infancy.	Understand	KUHS	2021
5	Cognitive development during childhood.	Understand	RGUHS	2019
6	Social development during childhood.	Understand	MUHS	2020
7	Characteristics of adolescence.	Understand	TNMGRMU	2021
8	Emotional problems during adolescence.	Analyze	KUHS	2020
9	Role of peers during adolescence.	Apply	RGUHS	2022
10	Psychological development during adulthood.	Understand	MUHS	2021
11	Stress and adjustment in adulthood.	Analyze	TNMGRMU	2020
12	Physical and psychological changes in middle age.	Understand	KUHS	2021
13	Mid-life crisis.	Analyze	RGUHS	2022
14	Cognitive changes in old age.	Understand	MUHS	2020
15	Emotional development in old age.	Understand	TNMGRMU	2019
16	Psychosocial problems of elderly.	Analyze	KUHS	2021
17	Factors influencing growth and development.	Understand	RGUHS	2020
18	Importance of understanding development for health professionals.	Apply	MUHS	2022
19	Role of family in child development.	Apply	TNMGRMU	2021
20	Importance of developmental psychology in physiotherapy practice.	Evaluate	RGUHS	2022

SECTION C – 2 MARK QUESTIONS (Very Short Answers)

Q.No	Question	Bloom's Level	University	Year
1	Define growth.	Remember	RGUHS	2018
2	Define development.	Remember	MUHS	2019
3	Mention one principle of development.	Remember	TNMGRMU	2020
4	Define infancy.	Remember	KUHS	2021
5	Mention one characteristic of infancy.	Remember	RGUHS	2019
6	Define childhood.	Remember	MUHS	2020
7	Mention one cognitive feature of childhood.	Remember	TNMGRMU	2021
8	Define adolescence.	Remember	KUHS	2020
9	Mention one emotional change in adolescence.	Remember	RGUHS	2021
10	What is peer influence?	Remember	MUHS	2019
11	Define adulthood.	Remember	TNMGRMU	2020
12	Mention one psychological feature of adulthood.	Remember	KUHS	2021
13	Define middle age.	Remember	RGUHS	2022
14	Mention one problem of middle age.	Remember	MUHS	2020
15	Define old age.	Remember	TNMGRMU	2019
16	Mention one psychological change in old age.	Remember	KUHS	2021
17	What is ageing?	Remember	RGUHS	2020
18	Mention one psychosocial problem of elderly.	Remember	MUHS	2022
19	Mention one factor affecting growth.	Remember	TNMGRMU	2021
20	State one importance of developmental	Remember	KUHS	2022

Q.No	Question	Bloom's Level	University	Year
	psychology.			

•••••